



Breakfast (served until 1:15 pm Monday thru Saturday)

***Breakfast Plate* \$9.35**

Two Eggs any Style, your choice of the following sides:

Choose one:

- 4 Slices of Bacon
- 4 Breakfast Sausages
- 2 Slices of Bacon 2 Breakfast Sausages
- Bavarian Smoky

Choose Two:

- 2 Slices of Toast
- Toasted English Muffin
- Hash browns
- Sautéed Mushrooms
- Fried or Fresh Tomatoes

***Eggs Benedict* \$7.75**

Two Poached Eggs, ham and Hollandaise Sauces on an English Muffin

***Omelette* \$4.795**

3 Egg Omelette with your choice of 2 fillings (ham, cheese, mushrooms, tomato, pepper, onions)
each extra filling .75

***English Muffin* \$4.50**

Toasted English Muffin with scrambles egg and Cheddar PLUS your choice of bacon, sausage or ham

***Breakfast Wrap* \$8.50**

Omelette, cheddar cheese, salsa and hash brown or Veggie Mix (Onion, Peppers, Mushrooms)
ADD Bacon, Sausage or Baan Sausage \$9.50

***Rancheros* \$8.75**

Omelette, Mozza, Hot Jack Cheese, Avocado, salsa, sour Cream & Hot Sauce
ADD Bacon, Sausage or Baan Sausage \$9.75

***Egg White Scramble* \$7.40**

Toasted Sandwich with Scrambles Egg Whites \$ Veggie Mix

***Denver Sandwich* \$7.25**

Toasted Sandwich with Scrambled Eggs, Ham and Peppers

***French Toast* \$5.25**

Three Slices with icing sugar and maple syrup

***Fresh Fruit Cup* \$3.50**

***Yogurt* \$1.40**



Gourmet Sandwiches

Available in Whole Wheat, Multigrain, White or Rye
For Wraps add \$1.00 *Gluten Free Bread* add \$1.00

Little Greek **\$7.95**

Sliced Chicken, Feta, Tomato, Lettuce, cucumber, Oregano and Mayo

Robson Street **\$7.95**

Sliced Turkey, Cucumber, Tomato, Lettuce, Mayo & Cranberry

Cobb **\$7.95**

Sliced Chicken, Bacon, Avocado, Feta, tomato, Lettuce, Mayo & Ranch Dressing

Poor Boy **\$7.95**

Sliced Turkey, ham, chicken, Jack Cheese, onion, lettuce, tomato Dijon & Mayo

Green with Envy **\$6.95**

Avocado, pea sprouts, pumpkin seeds, spinach and pesto cream cheese with lettuce

Create your own: **\$6.00**

Breads: Whole Wheat, Multigrain, white, Rye or Sourdough

Rolls: Subs or Whole Wheat Kaisers

Wraps: Salsa, whole wheat, spinach, sundried tomato

Gluten Free Bread Available

All Sandwiches come with a filling, cheese and Lettuce

Fillings – Turkey, Ham, Smoked Chicken, Pastrami, Beef, Tuna Salad, Salmon Salad, Egg Salad, Fresh Turkey or Chicken Breast (add \$1.00)

Cheese – Cheddar, Jack, Swiss, Mozza, Pesto Cream Cheese

Extras .30 each – Tomato, cucumber, pickles, sprouts, hot banana peppers, onion, peppers, grated carrot, (Avocado .75)

Condiments – Mayo, Honey, Mustard, Honey Mustard, Cranberry, Horseradish, Ranch, Caesar.



Hot Sandwiches

***Chicken Schnitzel* \$9.60**

In a toasted Kaiser with Ham, jack cheese, tomato, lettuce and mayo

***Chicken Club* \$ 9.00**

5oz breast in a toasted Kaiser with cheese, bacon, lettuce & tomato

***Beef Dip* \$8.25**

House Roasted in a toasted hoagie with au jus

***Rueben* \$8.25**

Pastrami, sauerkraut, mustard and Swiss. Grilled on Rye Bread

***Grilled Cheese* \$4.95 Add Ham \$5.25**

***Monte Cristo* \$8.25**

Ham and turkey with Swiss & Jack Cheese, tomato, green pepper.
Dipped in Egg and finished on the grill

***BLT* \$6.95**

Toasted, with crispy bacon, lettuce, tomato and mayo

Panini's

***CD Burner* \$9.95**

Chicken Breast, Bacon, Cheese, Tomato & Hot Banana Peppers

***Turkey Trotter* \$9.95**

Fresh Carved Turkey, Sundried Tomato, Pesto Cream Cheese, Spinach & Jack Cheese

***French Beef Dip* \$9.95**

Roast Beef, caramelized onions, Swiss Cheese & Garlic Mayo with Au Jus

***Ham & Three Cheese* \$9.95**

Ham & Honey mustard with Smoked Gouda, Swiss and Jack Cheese



Daily Favorites

Quiche	\$6.50
Lasagna	\$8.95
Perogies with Bacon	\$6.00 with Bavarian Smokie \$6.00
Macaroni & Cheese	\$6.25
Spicy Beef Sausage Rolls	\$2.50

Hot Specials (not available daily)

Chilli and a Bun
Shepard's Pie
Chicken Pot Pie
Almond Chicken Fingers
Chicken Curry
Ginger Beef

Daily Soups

Spicy Chicken Thai Soup (Gluten Free)	Cup \$4.00 Bowl \$5.50
Hearty Vegetable & Daily Soups (Gluten Free)	Cup \$3.50 Bowl \$4.75

Daily Salads

Greek, Thai, Tossed, Potato, Ranch, Caesar, Pasta, Quinoa.....

Cup \$3.50

Bowl \$4.95

Protein Pusher (Gluten Free) **\$9.95**

Tossed Salad, Chicken Breast, Hard Boiled Egg, Cheese with Dressing on Side.

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